



Central State Community Services

Cultural Competence and Implicit Bias Test

First Name *

Last Name *

Today's Date

Worksite Location *

1. What is cultural competence? *

- Ability to speak multiple languages
- Ability to interact effectively with people of different cultures
- Following strict rules and procedures

2. What are implicit biases?

- Unconscious attitudes or stereotypes that affect our understanding and decisions
- Conscious attitudes towards others
- Only present in individuals with specific backgrounds

3. How can direct support staff address implicit bias? *

- Avoid interacting with clients from different cultural backgrounds
- Ignore it and continue providing support
- Self-awareness, education/training, and seeking feedback

4. What are some potential consequences of implicit bias in a support setting? *

- Enhanced trust and rapport with individuals

- Reinforcing stereotypes and prejudices
- Improved communication with individuals

5. Why is cultural competence important for direct support staff when interacting with co-workers? *

- To avoid discussing cultural differences in the workplace
- To exclude co-workers who are from minority cultural backgrounds
- To promote understanding and collaboration among team members from diverse backgrounds

Phone

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