

Mary Roe has been with CSCS for 3 years now as of September 4th and is currently providing her services to the Willow Home.

One of her favourite memories with us, was when she helped take residents to a Detroit Tiger's game. Seeing the resident's faces light up with joy and excitement as they laughed, played, and clapped really gave Mary a sense of happiness and fulfillment.

Mary recently turned 53 on July 28th and has been married for 34 years. She has 3 children, and currently has 7 grandchildren, as well as a dog and a cat.

Seeing how we are in Sep-

tember and in the full swing of autumn, you might find Mary partaking in one of her favourite activities during the season which is taking her grandchildren to the orchards for some pumpkin and apple picking and the corn mazes.

Autumn is also a wonderful time for her many outdoor activities as she loves to camp, fish, hunt, kayak, as well as going tubing or boating. But nothing beats a good ol' football game from the living room, or the stadium. However, if the weather is too down-trodden then staying in to play some darts or a round of pool is always a good

back-up plan for her.

Some of the more comforting foods Mary likes to eat during the season is Chili or Chicken & Dumplings. Both sound perfect after those chilled outdoor adventures.

Mary is also hoping to take her granddaughter to Florida one day.

One of Mary's mantras in life is... Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine.

