

Central State Community Services Annual Compliance Program

**Person Centered Planning
(PCP)**



Person/Family Centered Plan

- Michigan Mental Health Code requires that all individuals who receive services from a mental health agency will have an individual plan of service developed through a Person-Centered Planning process, regardless of age, disability, or residential setting.



What is the PCP About?

- **Person centered planning honors the individual's preferences, choices, and abilities**
- **A shift of power**
- **Information is gathered about a person's strengths, abilities, needs, preferences, desired outcomes and cultural background.**



Self Determination

- Enables all individuals to assume responsibility for planning and spending for the supports necessary to live and participate in the community. It provides freedom and authority to make choices regarding services and supports both formal and informal.



Seven Essential Elements of a PCP Person-Centered Planning is...

1. A process
2. Encouraging, strengthening and developing natural supports
3. Where the individual is given an option of who will facilitate their meeting
4. A pre-planning meeting
5. A discussion about the potential support and/or treatment options
6. Ongoing opportunity to express the individual's needs
7. Opportunity to provide feedback



Test

