

CENTRAL STATE COMMUNITY SERVICES ANNUAL CORPORATE COMPLIANCE TRAINING

Infection Control and Bloodborne Pathogens



DEFINITIONS

- ▶ **Body Fluids**- anything excreted or secreted from the body (blood, vomit, saliva, urine, feces, etc.)
- ▶ **Germs/ Pathogens**- Any organism that has the potential to cause disease.
- ▶ **Standard Precautions**- treating all blood and other body fluids as if they are infectious
- ▶ **CSCS Exposure Control Plan**- located on the employee website at cscsmi.com (Central260#).

FOUR WAYS GERMS ARE SPREAD



Direct Contact- Germs are spread from one infected person to another by coming in contact with another person's body fluids. This includes blood, feces, vomit, saliva and vaginal secretions. (HIV, Hepatitis A,B,C)

Indirect Contact- Germs that are spread from one person to another through an object that contains the blood or body fluid of an infected person. Common objects include contaminated food, toys, video games controllers, tv remotes, handling soiled linens, soiled equipment, soiled utensils and drinking cups. (E. coli, salmonella)

Respiratory Droplet Spread- Germs that are spread through the air when people talk, cough, or sneeze. (Common cold, flu, tuberculosis, COVID-19)

Vector-borne transmission- When a person's skin is penetrated by an infectious source, such as an insect bite.



PREVENTING THE SPREAD

Handwashing- Frequent, thorough hand washing. Employees of Central State are to wash their hands before: handling food, medicine, kitchen utensils and equipment, touching someone's skin that has cuts and sores, before putting on disposable gloves, and using the bathroom. Employees of Central State are to wash their hands after: Using the bathroom, Sneezing, coughing, or blowing one's nose, touching someone's eyes, ears, nose, mouth, or other body parts, touching bodily fluids or excretions, touching someone's soiled clothing or bed linens. Use alcohol-based hand sanitizer when hand-washing facilities are not available.

Gloving (and other PPE)- Disposable gloves are meant for one time use only. Employees of Central State are to use gloves when performing rectal or genital care, tooth brushing or flossing, shaving, menstrual care, bathing or showering an individual, cleaning bathrooms, cleaning up urine, feces, vomit, or blood, cleaning toilets, bedpans, and urinals, providing wound care, handling soiled linen or clothing, providing first aid, disposing of waste, or if you as the caregiver have open cuts on hands. Other types of PPE include masks, gowns, and goggles. A review on how to remove gloves will be covered later in this training. When using PPE to prevent infection, it is important to:

1. Keep hands away from face
2. Limit surfaces touched
3. Change gloves when torn or heavily contaminated and going from person to person

Clean and disinfecting- Routine, daily cleaning of household surfaces and other items with soap and water is the most effective method for reducing germs.

REDUCE THE RISK OF EXPOSURE

- Use biohazard bags to dispose of contaminated materials, such as used gloves and bandages. Place all soiled clothing in marked plastic bags for disposal or cleaning. (Biohazard warning labels are required on any container holding contaminated materials)
- Use sharps disposal containers to place sharps items, such as needles.
- Clean and disinfect all equipment and work surfaces soiled by blood or body fluids
 - Use a fresh disinfectant solution of approximately 1.5 cups of liquid chlorine bleach to 1 gallon of water and allow it to stand for 10 minutes.



IF YOU ARE EXPOSED- FOLLOW THESE STEPS:

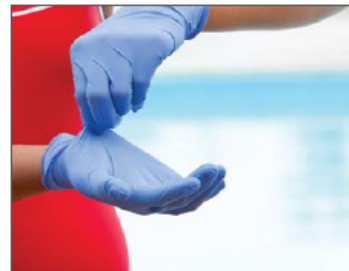
- Wash needlestick injuries, cuts and exposed skin thoroughly with soap and water
- If splashed with blood or potentially infectious material around mouth or nose, flush the area with water.
- If splashed in or around eyes, irrigate with clean water, saline or sterile irrigants for 20 minutes
- Report the incident to the appropriate person immediately. This would include a Home Supervisor and/or Program Coordinator.
- Complete an incident report if applicable
- Seek immediate follow-up care as directed in our organization's exposure control plan

REMOVING DISPOSABLE GLOVES

Note: To remove gloves without spreading germs, never touch your bare skin with the outside of either glove.

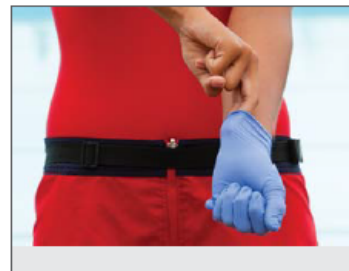
1 PINCH GLOVE

Pinch the palm side of one glove near your wrist. Carefully pull the glove off so that it is inside out.



2 SLIP TWO FINGERS UNDER GLOVE

Hold the glove in the palm of your gloved hand. Slip two fingers under the glove at the wrist of the remaining gloved hand.



3 PULL GLOVE OFF

Pull the glove until it comes off, inside out. The first glove should end up inside the glove you just removed.



4 DISPOSE OF GLOVES AND WASH HANDS

After removing the gloves:

- Dispose of gloves and other personal protective equipment (PPE) in a proper biohazard container.
- Wash your hands thoroughly with soap and running water, if available. Otherwise, rub hands thoroughly with an alcohol-based hand sanitizer if hands are not visibly soiled.

Testing



Please go to the Employee Page of our website at cscsmi.com (Password: Central260#) and select Infection Control and Bloodborne Pathogens Test.